



“Every pleasure's got an edge of pain, pay your ticket and don't complain” — **Bob Dylan**

Tools and spares you should carry on your ride:

1. Decent multi-tool with Allen keys and chain splitter
2. Pair of pliers (thin nose) will remove thorns and split a powerlink
3. 1 pairs of powerlinks for your size chain (i.e. 9,10 or 11 speed)
4. A large paper clip to hold a chain while fitting a powerlink
5. Pump and/or CO₂ inflator
6. Decent tyre levers, spare tube and self adhesive patches
7. Selection of cable ties
8. Small first aid kit, medication and emergency contact card
9. Mobile phone, cash, card, car keys

It is just as important to carry water, energy bars and rain-wear. :-)